



HaChodesh

נשרייה מאהיאנה כמיתיה גוואנאן משהדי

March 2016
Adar I - Adar II 5776

Monthly Newsletter of the Mashadi Youth Committee

Volume 28, No. 8, Issue 320

MYC OHEL PURIM CARNIVAL

The MYC Chesed Committee is excited to announce: THE ANNUAL OHEL PURIM CARNIVAL! Come enjoy a fun day with children and adults with developmental disabilities. There will be free food, dancing, games and much more! Join us on March 27th, from 11-3 pm, at 54 Steamboat Road. Organizations attending include members from OHEL, HASC and Friendship Circle. Make sure to wear a costume! *Sponsorship opportunities available*. For more information, contact Jamie Karmely (516) 776-3262 or any other member of the MYC.



KIDS PURIM PROGRAM AT OHR ESTHER

Save the Date! Special Purim program for kids on Wednesday, March 23rd, at Ohr Esther during Megillah Reading. For more information, please contact Avital Raynor at 516-708-999 (avital@mashdi.org).

SISTERHOOD'S CLOTHING DRIVE

The Mashadi Sisterhood will be holding their annual clothing drive on Sunday April 10th, from 11am until 2pm in the parking lot of Shaare Shalom, 54 Steamboat Rd. Please place clothing and shoes, ONLY, in large plastic bags. For your convenience, you may call for a door-to-door pick up at any time. The direct phone number for the Chabad is 718-342-4444.

MEETING OF THE MINDS: BEFORE AND AFTER



All community singles 18 and up are invited to an exclusive event at the Inn at Great Neck at 7:30 PM on Monday April 11th. Young professionals will mingle while enjoying a kosher wine tasting from four regions of the world and sushi and hors d'ourves from 7:30 – 8:30 pm followed by a program from 8:30 – 10:30 pm. The program includes 6 diverse couples married in the last few years telling their stories about their meeting of the minds before and after marriage. Confirmed panelists at press time are: Danielle & Ryan Akhavan, Jennifer and Adam Aziz, Claudia and Jonathan Davoudzadeh, Vanessa and Evan Kohanian, Karen and Benjamin Koren, and Judy and Joseph Yadgar. Don't miss THE event of the year and please be on time!!!

SISTERHOOD'S BAR/BAT MITZVAH LIST

Sisterhood updates a list of 6th-8th graders every school year. This list becomes very useful when planning a Bar or Bat Mitzvah party. We would advise anyone having a party to please make an effort to invite all the boys and girls in their grade to avoid any child from being left out. Please contact any Sisterhood Member or email umjcasis-terhood2011@aol.com to be sent the list and to make sure your child's name is included.



FLAG FOOTBALL

UMJCA Programming is starting flag football classes this Spring for community boys in 4th and 5th grade. Sessions will be held over six Sundays, March 6 to April 10, after Talmud Torah in Kings Point Park. Cost per child is \$95. This includes training and playing time. For more information contact Hooman Yaghoutiel at 516-413-2098 (hry.umjca@gmail.com), or to register please contact Avital Raynor at 516-708-9999 (avital@mashadi.org).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div>Solomon Bass</div><div>FINANCIAL</div></div><div><div>Life Insurance, Disability Insurance, Long Term Care Insurance</div><div>Salim Shlomo Bassalian CLTC, LTCP (516) 499-9900</div><div>Honest & Reliable</div></div></div></div>	<div>7</div> <div>27th of Adar I</div>	<div>1</div> <div>21st of Adar I</div>	<div>2</div> <div>22nd of Adar I</div>	<div>3</div> <div>23rd of Adar I</div>	<div>4</div> <div>24th of Adar I</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Candle Lighting: 5:32pm</div></div></div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div></div>	<div>5</div> <div>25th of Adar I</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Shabbat Shekalim</div><div>Parsha: Vayakhel</div><div>Shabbat Ends: 6:41pm</div></div></div></div>	
<div>6</div> <div>26th of Adar I</div>	<div>28</div> <div>18th of Adar II</div>	<div>22</div> <div>12th of Adar II</div>	<div>23</div> <div>13th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Fast of Esther</div><div>Fast Ends After 1st Megillah Reading</div><div>Eve of Purim - Megillah Reading</div><div>Purim Program for Kids at Ohr Esther</div></div></div></div>	<div>24</div> <div>14th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Purim - Megillah Reading</div></div></div></div>	<div>25</div> <div>15th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Shushan Purim</div><div>Candle Lighting: 6:55pm</div></div></div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div></div>	<div>26</div> <div>16th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Parsha: Tzav</div><div>Shabbat Ends: 8:04pm</div></div></div></div>	
<div>13</div> <div>3rd of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Bar Mitzvah of Nathaniel Hakim, Haute Durvo Roslyn, 6pm</div></div></div></div>	<div>14</div> <div>4th of Adar II</div>	<div>15</div> <div>5th of Adar II</div>	<div>16</div> <div>6th of Adar II</div>	<div>17</div> <div>7th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Wedding of Tracey Cohen to Yosef Livien, Great Neck Synagogue, 6pm</div></div></div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div></div>	<div>18</div> <div>8th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Candle Lighting: 6:47pm</div></div></div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div></div>	<div>19</div> <div>9th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Shabbat Zachor</div><div>Parsha: Vayikra</div><div>Shabbat Ends: 7:56pm</div></div></div></div>	
<div>20</div> <div>10th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>First Day of Spring</div><div>Norouz - Persian New Year 1395</div></div></div></div>	<div>21</div> <div>11th of Adar II</div>	<div>29</div> <div>19th of Adar II</div>	<div>30</div> <div>20th of Adar II</div>	<div>31</div> <div>21st of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>Wedding of Claudia Namdar to Daniel Hopkins, Temple Israel, 6:30pm</div></div></div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div></div></div>	<div>27</div> <div>17th of Adar II</div> <div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>MYC Ohel Purim Carnival, Shaare Shalom, 11-3pm</div><div>Wedding of Alexandra Zar to Joshua Levian, Old Westbury Congregation, 5:30pm</div></div></div></div>		
<div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>LAUREN YAGHOUBI, Esq.</div><div>60 Cuttermill Road</div><div>Suite 509</div><div>Great Neck, NY 11021</div></div><div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>516-441-2110</div><div>516-647-1334</div><div>516-467-1350</div></div><div><div><div>lauren@greatnecklegal.com</div></div></div></div></div></div></div></div>						<div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>YAGHOUBI LAW</div></div></div></div>	<div><div><div><div></div><div></div></div><div><div></div><div></div></div></div><div><div><div>WWW.GREATNECKLEGAL.COM</div></div></div></div>

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WEDDINGS



JASMIN KALATI-ZADEH (DAUGHTER OF HOOSHANG AND LILY)
TO LIOR KASHIMALLAK (SON OF SIRUS AND SHARONA)



ADINA ABDOLAZADEH (DAUGHTER OF BABAK AND GALIT)
TO RAFAEL LIVIAN (SON OF MORRIS AND ESTER)

ENGAGEMENTS



JUDITH KAMALI (DAUGHTER OF ALFRED AND SHIRIN)
TO JOEL AZIZ (SON OF ALBERT AND RINA)



TEHILAH EBRANI (DAUGHTER OF LOUIS AND EVELYN)
TO OREN HESKIA (SON OF MORRIS AND MITRA)



MELODY HAKIMIAN (DAUGHTER OF KHOSROW AND FARIBA)
TO SEAN HAKIMI (SON OF SAEED AND HENGAMEH)



LILY NAMDAR (DAUGHTER OF CYRUS AND DIANA)
TO RICHARD YASTRAB (SON OF MICHAEL AND SABINA)

NEWBORNS



ADAM ISRAEL ZAR (Son of Payam and Monique)



NAVA RACHEL BASALELY (Daughter of Rabbi Simon and Batya)



NATHAN YITZCHAK SHAHVERDI (Son of Shahin and Emanuela)



VIOLET RACHEL HAKIMI (Daughter of Etan and Gabriella)

BAR MITZVAH



JOSHUA KASHANIAN (SON OF KEYVAN AND JENNIFER)

If your Mazal Tov was missed, please accept our apology and send the picture and information to hachodesh@gmail.com

FRIENDSHIP CIRCLE WALKATHON

Friendship Circle Walkathon is being held in Great Neck on May 22nd. This walkathon is to raise awareness & funds for children with special needs in Great Neck. Please call Melody Aziz at 516-410-6869 for details on individual/corporate sponsorship opportunities and walk details.

SEMINAR: NURSING HOME MEDICAID

The average nursing home rate on Long Island is \$148,680/year. This seminar will explain how to navigate the complex rules, and how to plan for the 5-year lookback penalty period before "problems" arise. The seminar will also discuss ways to avoid Medicaid liens or estate recoveries by New York State. You will have the opportunity to ask all of your questions. Lecturer: Abraham Mazloumi, Esq. March 14th, 8:00 pm at Ohr Esther.

PARTNERS IN CARING

UMJCA has signed an agreement with Sid Jacobson JCC's "Partners in Caring Synagogues". Besides offering various support groups, educational workshops, home visits, specialized programs and counseling, they have assigned a licensed Social worker to the Shaare Shalom Synagogue on Mondays from 12 noon to 3 PM. Please contact Leslie Shapiro at 516-484-1545, ext. 784 or e-mail at lshapiro@sjcc.org.



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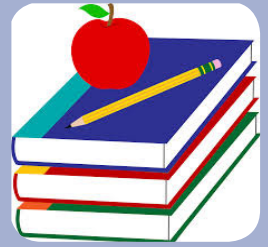
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کمیته جوانان مشدی
ועד צעירי משה

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Mickey Karimzadeh, Adin Levian, Jonathan LeVian,
Ilene Levy, Nadine Nassim



If you wish to place an advertisement in the HaChodesh publication, please call us at 516.482.0003 or email us at hachodesh@gmail.com

Cheese Blintzes with Fresh Raspberry Sauce

by @TheKosherChef

Raspberry Sauce :

- 1 cup fresh raspberries
- 1 tsp lemon juice
- 4 tbsp sugar
- 1 tsp water

1. Wash and drain the raspberries.
2. Put them in a pot with the lemon juice, sugar and water.
3. Stir over medium heat for a few minutes until the raspberries let out juice. (The raspberries shouldn't melt)
4. Put them over a strainer, and with a spoon squeeze out the juice until only the seeds are left in the strainer.

Crepes:

- 3 eggs
- 1 cup milk
- 1 cup flour
- 1 tbsp sugar
- 1/2 tsp salt
- 2 tbsp vegetable oil
- 1/4c cold water
- 1/4 tsp vanilla

Filling:

- 1 1/2 cup ricotta cheese
- 1/2 cup cream cheese
- Zest of an orange
- Punch of salt*
- 2 *tbsp confectioners sugar*
- 1 egg



1. In a blender mix all the ingredients together until liquid. Pour into a bowl and let it sit for half an hour.
2. In a bowl mix the ingredients for the filling and stir until smooth. Cover it and put in the fridge to chill.
3. Spray Pam on a medium-high skillet. Pour 1/4 cup of batter into the pan, moving around the pan so the batter spreads evenly around the pan. Let it cook for 1 minute, then flip it for a few more seconds until crisp. Put it in a plate. Keep doing this until you finish the batter. It should make about 10 crepes.
4. Take the crepe. Put 1 spoon of filling at the edge. Fold it over once, flip the sides in, and then roll it twice so the seem is on the bottom. Do this for all the crepes.
5. In a pan, melt 1 spoon of butter, and fry the crepes on each side until crisp.
6. Preheat oven to 325 degrees. Place them in an oiled dish, and bake for 12 minutes. Let them cook, and serve fresh raspberry sauce, and topping of your choice. Enjoy!

Mashadi Sisterhood along with MYC and Sephardic Bet Midrash present

7⁵ WEEKS WOMEN YOU MUST MEET

A Dynamic Series of Lectures
by 7 intelligent, educated, strong Sephardic women
Giving Women a Modern Perspective



Sephardic Bet Midrash 695 Middle Neck Road

Brunch will be provided

For more information contact Charlotte Shahverdi, Natalie Kamali, Harriett Bassaleli

Sunday 02.14

Karen Koren
Sahar Baradaran
Dorina Kalaty
10:30 AM



**"MIND, BODY
& SOUL"**

A DISCUSSION BY
KAREN, SAHAR
& DORINA



Sunday 02.21

Annie Savdie
10:30 AM



"PSALM 121"
AN UPLIFTING
DIALOGUE

Sunday 02.28

Vivien Hidary
10:30 AM



**"MOSHE &
HIS 2
MOTHERS"**

Sunday 03.06

Rabbanit Bitton
10:30 AM



**"WOMEN'S
WISDOM &
TORAH
STUDY"**

Sunday 03.13

Gitta J. Neufeld
10:30 AM



**"HIDDEN
MESSAGES
BEHIND
PURIM"**



RelationTips

By Tamar Bezalely

"A true friend never gets in your way, unless you happen to be going down." Arnold H. Glasow

Picture this: "Jon" dates "Jill" and it doesn't work out. "Jill" naturally shares her hurt feelings with her friends. Her friends bond around the heart broken "Jill" in support. Two weeks later "Jon" is suggested as a match for one of her friends. The friend is torn. She is interested to getting to know "Jon", but how could she do that to "Jill"?

Friendship takes a complicated turn when singles reach "the dating scene". Friends are so accustomed to sharing everything with one another, and now they are being encouraged to keep this new and exciting part of their life private.

It is undeniable that it is easier to survive the challenges of life with the support of our nearest and dearest. But no matter how similar two friends are, they are not always suited for the same type of spouse. Therefore, saying things to our friends that may turn them off of potential matches can be dangerous! A boy that didn't work out for you may very well be your best friends "basheret"! How can you rely on the support of your friends without turning them away from a potential soul mate?

Try these tips:

- Only share your information with one or two of your closest friends who know you best.
- Leave names out!
- Share any red flag safety concerns with a family member, trusted dating mentor, or personal advisor.

Utilizing these suggestions will allow you to rely on our dearest friends to support us through our dating years. Often it is their honest feedback and knowledge of us that will keep us going in the right direction.

B'Hatzlacha!

ROBERT BICHOU PAN, P.C.

Legal Advisor to the Mashadi Community for nearly 25 years

Attorneys: Robert Bichoupan, Esq., Carolyn Bichoupan, Esq. and Sunny Kakwani, Esq.



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Marriage Committee Report

After several meetings, the Marriage Committee has divided our goals to help our singles into two steps:

First: To try and identify the issues related to marriage.

Second: To provide resources and efforts in finding the appropriate solutions for our singles.

After reviewing comments from prior Marriage Committee meetings, and notes from similar meetings in the past, we have compiled a list of important issues related to our singles and the topic of marriage:

1. High wedding costs, in addition to the excessive amount of parties that are expected of the couple during the engagement period (i.e. Proposal Party, Engagement Party, Bridal Shower, Henna Party, etc.)
2. Many young women with important careers and salaries feel little or no pressure to marry because of financial independence. They are also often preoccupied with their careers and do not prioritize dating.
3. Rejection from a girl makes the young man lose confidence and can prevent him from asking others out again.
4. Girls and boys are divided into groups at a young age. Certain groups do not mingle with those who are not associated with their clique; therefore do not branch out to meet other singles.
5. Lashon Hara – The opinions of friends matter and influence decision-making. If a friend shares a negative opinion of a girl or guy, it can prevent someone from giving that person a chance.
6. Lack of more appropriate place for singles to meet and ineffective singles parties.
7. Overexposure – There is too much exposure and singles are socializing with each other too often which can take away the novelty.
8. Getting caught on dates and the fear of the community finding out who is dating whom, which can lead to rumors and conversation. This can scare one or both parties in the relationship, which can potentially end things.
9. Girls rejecting a guy (khastegar) without first consulting with her parents and getting advice. Girls and guys can reject someone for superficial reasons without giving them a chance.
10. Lack of higher education in guys. More girls have college and masters degrees and are seeking the same in a mate partner.
11. Singles and parents do not give a chance to families with different observance level, social status, and financial differences.



Marriage Committee Report

گزارش کمیته ازدواج:

کمیته مسائل ازدواج طی جلسات متعدد هدفهای خود را به دو مرحله تقسیم نموده است:

اول: کوشش برای تشخیص مشکلات و مسائل مربوط به ازدواج

دوم: تلاش در چاره جویی و راه یابی به راه حل‌های مناسب

کمیته مربوطه با بررسی کلیه نظرات علاقمندان و شرکت کنندگان در جلسات و همچنین با استفاده از یادداشتهای جلسات مشابه در گذشته، لیستی از مسائل مهم مربوط به ازدواج را تهیه نموده و ارائه میدهد.

۱- مخارج سنگین مجالس: افراط کاریهای بیدلیل و تشریفات زاید و متعدد و مکرر در جشنها

۲- تصور و احساس استقلال مالی دختران و عدم علاقه و احتیاج به زوج برای تامین اتیة

۳- احساس شکست و جریحه دار شدن غرور پسران در صورت گرفتن جواب رد در خواستگاری

۴- گروه بندی جوانان و محروم نمودن جوانان خارج هر گروه از ملاقات با جوانان گروههای دیگر

۵- تاثیر نظر به دوستان نزدیک و همگروه جوانان دختر و پسر در تصمیمات همدیگر

۶- نبودن اماکن مساعد برای ملاقات جوانان دختر و پسر آماده به ازدواج و مؤثر نبودن پارٹی های جوانان جامعه

۷- هم نشینی زیاده از حد جوانان همگروه با یکدیگر و در نتیجه گهگاه احساس خواهر و برادری در جوانان

۸- سواهمه جوانان از شایعه پراکنی مردم در صورت دیده شدن در انتظار قبل از تصمیم گیری رسمی

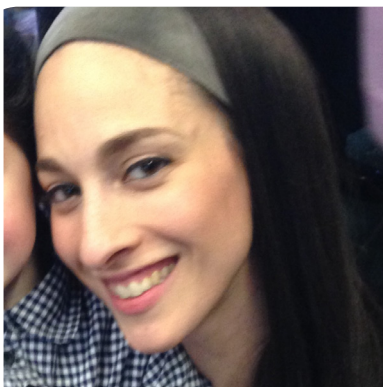
۹- جواب منفی سریع و بدون مطالعه کافی دختران به خواستگار و عدم مشورت با والدین و جلوگیری از وساطت و دخالت اطرافیان

۱۰- ادعا مبني بر کم شدن تحصیلات دانشگاهی و بیشتر شدن تحصیلات عالیه دختران و عوارض ناشی از ان

۱۱- جوانان و والدین فرصت به خانواده ها یی با اختلافات در سطح مذهبی یا موقعیت اجتماعی یا مالی نمی دهند



Community Dating Mentors



Tamar Bezalely
tamar@bezalely.net
516.633.8469



Haleh Benilevi
haleh@benilevi.com
516.849.3636



Janet Navaei
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