

HaChodesh

نشریه ماهیانه کمیته جوانان مشهدی

November 2015 Cheshvan - Kislev 5776 Monthly Newsletter of the Mashadi Youth Committee Volume 28, No. 4, Issue 316

MYC WINTER RETREAT 2015

Missed the last retreat? Or just had so much fun you can't wait to go again? Join us for this year's MYC Winter Retreat on December 11-13. Enjoy an all inclusive weekend at Jiminy Peak. Sign up is \$350 early bird special, \$400 after Nov 1st. Price includes



transportation, 2 nights stay in hotel, fully catered meals, skiing, winter activities, outdoor jacuzzi and spa. To sign up Venmo @mycofficial or contact any myc member. Don't miss out! Space is limited.

PROGRAMS @ OHR ESTHER NOVEMBER 2015

The following programs are being offered this month @ Ohr Esther. For further information and to register for classes, please call or email Avital at 516-708-9999 or avital@mashadi.org.
•30 Day Community Health & Fitness Challenge: Sundays, November 1st, 8th, 15th & 22nd at 10:45am (\$100/person)

- •Healing Tips with Homeopath & Author Tania Jedian: Monday, November 2nd at 8:30pm
- Persian Delights: Tuesdays, November 3rd, 10th
 & 17th at 8:30pm (\$15/person)
- •Paint Night Couples Night with Raquel Nikfarjam: Thursday, November 12th at 8pm (\$25/person)
- •The Perfect Diet with Sandy Haroonian: Monday, November 16th at 8:30pm
- •Parenting Workshop with Chana Topek Diamond, LCSW: Tuesdays, November 17th & 24th at 9:45am
- •Social Security, Medicare and Long Term Care: Tuesday, November 17th at 8:30pm
- •Sewing 101 with Natalie Cohen & Nissania Hazghia: Tuesdays, November 17th, 24th, December 1st, 8th, 15th & 22nd from 8:30-10pm (\$150/person)

IEWISH EDUCATION @ OHR ESTHER

TLC @ Ohr Esther and MNL, TNL and ThNL are the community's alternative in lewish education for Public School students in grades 8-12. TLC classes cover a variety of lewish topics and include dating and life coaching for the older girls. MNL, TNL and ThNL will cover a variety of Jewish topics such as: honoring parents and family issues, brachot, Kanissa services on Shabbat, what we know about G-d, and the Torah. All classes are taught with the guidelines of our Mashadi tradition and customs, under the guidance of the community rabbis. For more information about TLC @ Ohr Esther, contact Elisheva Hakimian at elishevahakimian@gmail.com or 516-851-9235. For more information about MNL, TNL and ThNL, contact Miriam Hajibay at mimibijoux@aol.com. Classes cost \$200 for the year. To register, please call or email 516-708-9999 or avital@mashadi.org.

IAJF 14TH ANNUAL GALA

Join us for an evening of solidarity at the Iranian American Jewish Ferderation of New York's 14th Annual Gala event. Keynote speaker Ron Dermer, Israel's Ambassador to the United States. Wednesday, Nov 4, 2015. Dinner Reception at 6:30 pm, Program at 8:15 pm. For more Information please contact: Mehran Hakimian, Mehdi Nassimi, Jamshid Zar, Simone Kamali. Limited young professional tickets which come with access to the reception, program and a special after party are available as well. Please contact Simon Ebrani or Daniel Kamali for more info.

SOCIAL SECURITY, MEDICARE AND LONG TERM CARE

Join us on Tuesday, November 17th at 8:30pm at Ohr Esther! People today are living longer and a large number of people will need to rely on social security, medicare and long-term care sometime during their life. The risk is very real, and, unfortunately, much more likely than most people perceive. Does your financial strategy account for potential long-term care needs? This may be the time to re-evaluate your situation. RSVP to avital@mashadi.org.

MYC

NOVEMBER 2015

Cheshvan -Kislev 5776

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19th of Cheshvan	20th of Cheshvan 2	21st of Cheshvan 3	22nd of Cheshvan 4	23rd of Cheshvan 5	24th of Cheshvan 6	25th of Cheshvan 7
 Bar Mitzvah of Aaron Hajibai, Temple Torah, 11:00am Wedding of Nicole Rahmanan to Joseph Roubeni, Old Westbury Congregation, 5:30pm 		• Election Day			• Candle Lighting: 4:27pm	Pasha: Chaye Sara Shabbat Ends: 5:34pm
26th of Cheshvan • Bar Mitzvah of Eitan Kohanim, Shaare Shalom, 9:00am • Mashadi Sisterhood Community Bat Mitzvah Ceremony, Temple Israel, 6:00pm	27th of Cheshvan	28th of Cheshvan 10	29th of Cheshvan • Veterans' Day	30th of Cheshvan • Rosh Chodesh Kislev	1st of Kislev • Candle Lighting: 4:20pm • Rosh Chodesh Kislev	2nd of Kislev • Parsha: Toldot • Shabbat Ends: 5:27pm
3rd of Kislev 15 Bar Mitzvah of Jonathan Aziz, Shiraz, 12:00pm	4th of Kislev 16	5th of Kislev 17	6th of Kislev 18	7th of Kislev 19	8th of Kislev • Candle Lighting: 4:14pm	9th of Kislev • Parsha: Vayetze • Shabbat Ends: 5:22pm
10th of Kislev Bar Mitzvah of Yonatan Hematian, Residence, 11:30am Wedding of Simone Hakimi to Joshua Hackman, Temple Israel, 5:00pm	11th of Kislev 23	12th of Kislev • Wedding of Pegah Moosazadeh to Kian Bichoupan, Temple Israel, 7:30pm	13th of Kislev 25	14th of Kislev • Thanksgiving Day	15th of Kislev • Candle Lighting: 4:11pm	16th of Kislev Parsha: Vayishlach Shabbat Ends: 5:18pm
17th of Kislev • Wedding of Miriam Ebrani to Mark Kordvani, Temple Israel, 5:30pm	18th of Kislev 30	Life Insurance, Disability I Salim Shlomo Bassalia	nsurance, Long Term Care Insuran n CLTC, LTCP (516) 499-99 est & Reliable	L	/ Attorney	THAN (GIANNI) KARMILY, ESQ. ond Counselor at Law 6 657-1276 Associates (Family Law



Rabbi Eliyahu Ben-Haim Rabbi Mordechay Kohanim Rabbi Yosef Bitton Rabbi Adam Sabzevari Rabbi Mosheh Aziz

Mikveh Moshe

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WEDDINGS



AMANDA DIOURABCHI (DAUGHTER OF BAHMAN AND ROZITA) TO EVAN KHORDIPOUR (SON OF MR. & MRS. MICHAEL KHORDIPOUR AND MITRA SHADDAIE)



PAULINE ZAROOVABELI (DAUGHTER OF YOUSEF AND AZITA) TO MENI MIZRACHI (SON OF SOLI AND ZEEV)



ELINOR KALATIZADEH (DAUGHTER OF JOSEPH AND SOHEILA) TO AMRAM TEHRANI

ENGAGEMENTS



ALBERT AND ALICE) TO AVI PITTLEMAN (SON OF MARK AND CARI)



TRACEY COHEN (DAUGHTER OF AHARON AND NURIT) TO YOSEF LIVIEM (SON OF SHAHROKH AND MOJGAN)

BAR MITZVAH



NEWBORNS







(Daughter of David and Elana)



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Noah Ebrani at (516) 417-7414

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Attorneys: Robert Bichoupan, Esq., Carolyn Bichoupan, Esq. and Sunny Kakwani, Esq.



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Corned Beef Hash with Poached Egg by @TheKosherChef

Ingredients: 2 tablespoons margarine

4 tablespoons extra-virgin olive oil

1 large onion, chopped

4 potatoes, peeled and cut into 1/4-inch cubes

1 large carrot, chopped

1 pack sliced corned beef, cut into squares

1 tablespoons chopped fresh parsley

1/2 teaspoon salt and ground black pepper, or to taste

1 poached egg

Dried thyme for garnish



Melt margarine with the olive oil in a large skillet over medium heat. Add the onions and cook just until it begins to brown, about 5 minutes; stir in the potatoes and carrot, and cook for about 15 minutes, stirring occasionally. Stir in the sliced corned beef, parsley, salt, and pepper. Let the mixture cook until hash is crisp and browned, stirring often, 15- 20 more minutes. Pour into serving dish.

Poached egg: Fill up a pot of with water. Let it boil until it reaches 200 degrees. Crack an egg into a bowl (this will make it easier to pour into the pot). When the water reaches 200 degrees, drop the egg into the water. Let it cook for 3-4 minutes. (If it sticks to the bottom, gently push it so it can float to the top). Take it out gently with a spatula and place it over the hash. Slice the poached egg in half. Sprinkle with thyme. Serve and enjoy!



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